



return²play
Part of Meliora Medical Group

Head Injury & Concussion Care

Information for Parents



About us.

Redefining the gold-standard in head injury and concussion care.

At Return2Play, our highest priority is the well-being of pupils. Our specialist **head injury & concussion care service** provides 7-day-a-week, unlimited access to our team of highly experienced clinicians who are experts in their field.

Our doctor-led medical team comprises over 60 professionals who are on hand to ensure that every individual receives prompt attention and guidance throughout their recovery journey. They follow the most current protocols and best practices to promote a safe return to sport. In the 2022-23 school year, they undertook over 10,000 appointments.

Return2Play's innovative online injury management system allows schools to document injuries, automatically communicate to parents and coaches, and track a pupil's recovery. All appointments are accessed via our webcam clinic system to allow maximum convenience.

Our comprehensive service led by a medical team with unrivalled experience means you can have peace of mind knowing that the health and well-being of your loved ones is in the best possible hands.



What is concussion?

Concussion is a **mild traumatic brain injury**.

Recently there has been growing concern over head injuries and concussions in sport and at schools. Concussions can affect a child's physical, mental and emotional health as well as their academic and sporting performance.

Access to medical expertise is essential to ensure a good recovery, and this is why strict post-concussion guidelines in place that the injured child, their parents, their school and their sports clubs must follow before they can return to sport.

This involves having at least 2 appointments with doctors. It can often be difficult to find doctors with expert knowledge of the injury without having to wait weeks for appointments, or pay large sums of money for private referrals.

This is where Return2Play's Head Injury & Concussion Care services comes in.



Our Head Injury & Concussion Care Service.



Concussion Cover

Pupils have access to unlimited appointments with the UK's most experienced concussion experts. Convenient and accessible appointments in our 7 days-a-week online clinics mean no more waiting times.



E-modules & Education

E-modules to equip staff, parents and pupils with the knowledge and skills to correctly identify concussion, understand the potential impact on learning and how to maximise pupil recovery.



Our Head Injury & Concussion Care Service.



Medical Support

Designated specialists and sports doctors to support school staff with advice, policies and queries.



Injury Analysis

Quickly download analysis and reports on your injury data to share with colleagues. Great for Health & Safety meetings.

First Name	Last Name	Gender	Date of Birth	Age	Organisation Name	Tags	Injury Type	Injury Status	Clear Filters
Harry	Steele	Male	11/02/2005	13	Return2Play Test	-	Concussion	Not safe	
Jan	Bealor	Male	02/02/2005	16	Return2Play Test	-	Concussion	Not safe	
Lara	Thompson	Female	04/04/2005	16	Return2Play Test	-	Concussion	Not safe	
Ava	Corrigan	Female	07/09/2005	15	Return2Play Test	-	Spinal Injurement	Return to activity	
Sam	Eggenry	Female	01/01/2005	16	Return2Play Test	-	Spinal Injurement	Return to activity	
Alex	Brown	Female	05/05/2005	16	Return2Play Test	-	-	Safe to play	
Tom	Harry	Male	27/01/1983	38	Return2Play Test	-	-	Safe to play	
Charlie	Walker	Male	05/05/2005	16	Return2Play Test	-	-	Safe to play	

R2P Injury Management System

Easily record, track and manage your pupil's injuries. Keep up to date with your pupil's recoveries and view details of any current or old injuries at the click of a button.

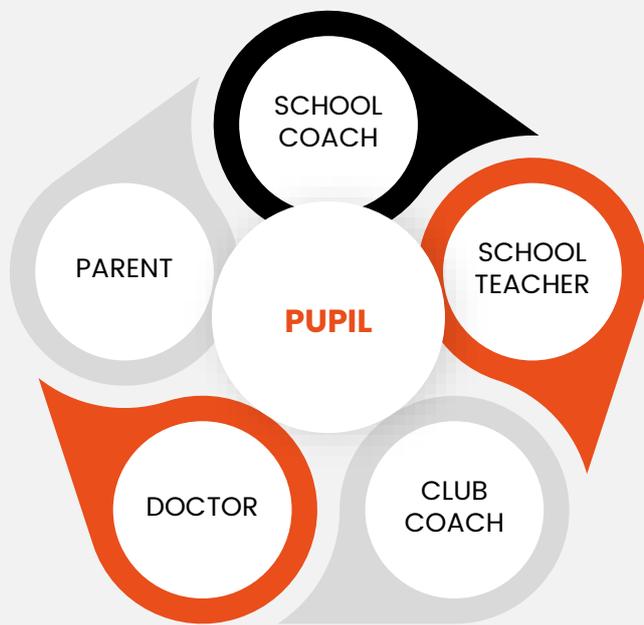
Integrates with:



How does it work?

Our service is designed to the pupil at the centre of their care.

Ensuring they get the gold-standard care they deserve.



01

Injury

A pupil suffers a head injury.

Log

The school records the injury on the R2P System and automated notifications are sent to all stakeholders in that player. *

02

Book

The pupil and parents are sent a link to book an online appointment with Return2Play's medical team. Available 7 days-a week.

03

Appointment

Automated recovery updates are sent to all stakeholders after every appointment.

04

Clearance

Pupils have as many follow-up appointments as they need before being signed off as fit to return to sport.

05

*R2P System accessible via web-app on phones, tablets and computers.

How to use the service.

The school will create accounts on the R2P System for all pupils and parents. Parents will receive a welcome email with their login credentials. Parents can use the below steps to make the most of our service

How to log in for the first time.

1. Follow the link in the welcome email you receive or head to our website and select login from the top left hand corner.
2. Enter your email address as username.
3. Copy and paste the temporary password in the welcome email.
4. When prompted to do so, set a new password. This should contain an upper case letter, lower case letter and be more than eight characters long.

How to record an injury.

1. Select the 'Players' tab from the left-hand menu bar. You will see your children listed here.
2. Select the injured players name.
3. Select 'Add a New Injury' from the top-right hand corner.
4. Complete the injury report form, ensuring to select the 'Injury Type' as concussion and entering thorough case notes where possible. **If you are unsure if the injury is a concussion please select 'head injury possible concussion' at this stage instead.**
5. Select 'Save and Finish' from the bottom right hand corner of the Summary page.



How to use the service.

How to book an appointment.

1. Select the 'Dashboard' tab from the left-hand menu bar.
2. Select 'Book Appointment'.
3. Choose the most suitable appointment and select 'Book'.
4. Select 'Book' in the pop-up that appears.
5. Email confirmation containing the appointment link will be sent to player and parents.

How to attend an appointment.

1. Ensure you are using a device with a camera and internet connection such as a smartphone, tablet or computer.
2. Follow the link in your appointment confirmation email or head to our website and select 'attend appointment' from the top left corner.
3. Select the Doctor's name.
4. Enter the patient's name when prompted and you will be taken through to our online waiting room from where the doctor will call you.

If your child is a member on the R2P System at multiple organisations eg school and club, please email support@return2play.org.uk and we will merge their accounts.

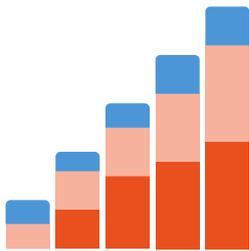


Did you know?



20%

20% of concussions are from non-sport incidents, such as in the playground, classroom or at home.

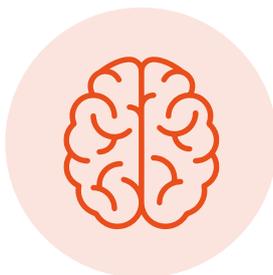


The highest concussion rates are consistently in the **U14-U16** age groups



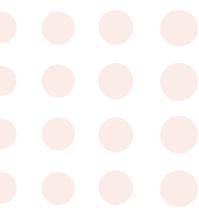
25%

25% of concussions we treat happen to girls. Often, the recovery time for girls is longer.



Being knocked unconscious is **very rare**. There are lots of signs and symptoms that suggest the brain is injured.

Return2Play's daily clinics ensure that there are **no delays in returning to sport** for those who are fit and able to do so.





Contact Us

If you have any queries,
please contact our **support
team:**

support@return2play.org.uk